

SOCCER RULES



History

Many different cultures have played a sport similar to the modern game of soccer but no one can really say with any certainty when or where soccer began but it is known that the earlier variations of what later became soccer were played almost 3000 years ago. The Romans played a game that somewhat resembled modern soccer. The early Olympic Games in Rome featured twenty-seven men on a side who completed so vigorously that two-thirds of them had to be hospitalized after a fifty-minute game.

In King Edward's reign of England (1307-1327), laws were passed that threatened imprisonment to anyone caught playing soccer. King Edward's proclamation said: "For as much as there is a great noise in the city caused by hustling over large balls, from which many evils may arise, we command and forbid on behalf of the King, on pain of imprisonment, such game to be used in the city future." Laws, however, failed to stop the sport, which had earned official sanction in England by 1681. A record of the development of soccer in England shows that Eton College had the earliest known rules of the game in 1815.

At 1st, it was England where soccer was originally banned, that eventually exported modern soccer to every continent in the world. today, undisputedly soccer is the most watched and played sport in the world enjoyed by 8 million people. This makes soccer, the most watched single sports event in the world not surpassed even by the Olympics. This sport is bigger than baseball, football and basketball combined.

Object of Game To put the ball into opponent's goal.

Scoring A goal is scored when the whole ball has passed over the goal line between the goal posts and under the crossbar, provided it has not been thrown, carried, or propelled by the hand or arm of an attacking player. The team scoring the greater number of goals during the game is the winner. A goal counts as one point.

Length of Game International games are two 45 minute halves with no timeouts except for injury. Interscholastic games are two 30 or 40 minute halves with no timeouts except for injury.

Number of Players Soccer is played by two teams, each consisting of not more than 11 players. (Goalie, Defenders, Midfielders, and Forwards)

Starting the Game At the start of the game, at the restart of each period, and after each goal, the ball is placed at the center of the field and properly kicked off:

1. Every player must be in their own half of the field.
2. The team opposing must be at least ten yards from the ball until it's been kicked.
3. After the whistle is blown, the kicker must kick the ball in a forward direction at least the distance of its own circumference and he may not play the ball again until it has been touched by another player.
4. The team scored against shall kick-off.

Definitions of Terms

Attacking Team: The team that has possession of the ball.

Defending Team: The team that is defending goal from opponent who has the ball.

Direct Free Kick: A free kick from which a goal may be scored. Awarded to a team when the attacking team is in the penalty area when the ball is not or if there is a high kicking penalty.

Double Foul: Fouls committed by each team simultaneously in which results in a drop ball.

Dribbling: Kicking the ball under control to your self while moving down the field.

Drop Ball: Official drops ball between two players who then attempt to gain possession of ball.

Field Goal: Kicking the ball into an opponent's goal.

Handling (Hands ball): Player, other than goalie, touches the ball with hand or any part of the arm intentionally.

Indirect Free Kick: A free kick that must be to a teammate, not an attempt to score a goal.

Kick is awarded when someone is off sides, or when the goalie commits a foul.

Kick off: occurs on the midfield line at the start of the game and after a goal is scored

Offside: A player is offside's if they are closer to the opponent's goal line than the ball unless the player is in their own half of the field or if there are at least two opponents closer to their own goal line than the player.

Passing Technique: Plant foot beside ball, contact ball with shoelaces, chest over the ball and drive through the ball

Penalty Goal: Goal that is kicked from the penalty kick line.

Penalty Kick: Awarded to attacking team player when fouled inside penalty box. Also awarded when a team has an illegal substitution.

Throw-In: Throwing the ball inbounds over your head with both hands while keeping both feet on the ground. Is awarded to the team that did not kick the soccer ball over the sidelines

Trapping: Stopping the ball with a part of your body to gain control.

Tackling: A skill used to take the ball from an opponent or make them lose control of it.

Goalie's Privileges

1. Only the goalie may pick up the ball, throw the ball, and drop kick the ball.
2. The goalie can not be interfered with by any other player when in possession of the ball.

Out of Bounds

Throw-In: Occurs when ball goes out of bounds across the sideline.

Goal Kick: Occurs when ball is kicked across goal line (not in goal) by attacking team.

Drop Ball: Occurs when ball goes out of bounds off two opposing players.

Corner Kick: Occurs when ball is kicked across goal line by defending team. Ball is kicked by the attacking team at the corner kick mark.

Fouls

1. Tripping, kicking, striking, holding, pushing, or jumping on an opponent.
2. Intentionally touching ball with hand or arm.
3. Unnecessary roughness.
4. High kicking (kicking ball with feet above waist level).
5. Charging the goalie.

Safety Tips

1. Never wear jewelry while playing
2. Keep your hands down when making a tackle
3. Never hang on goalposts

Ball in and out of play

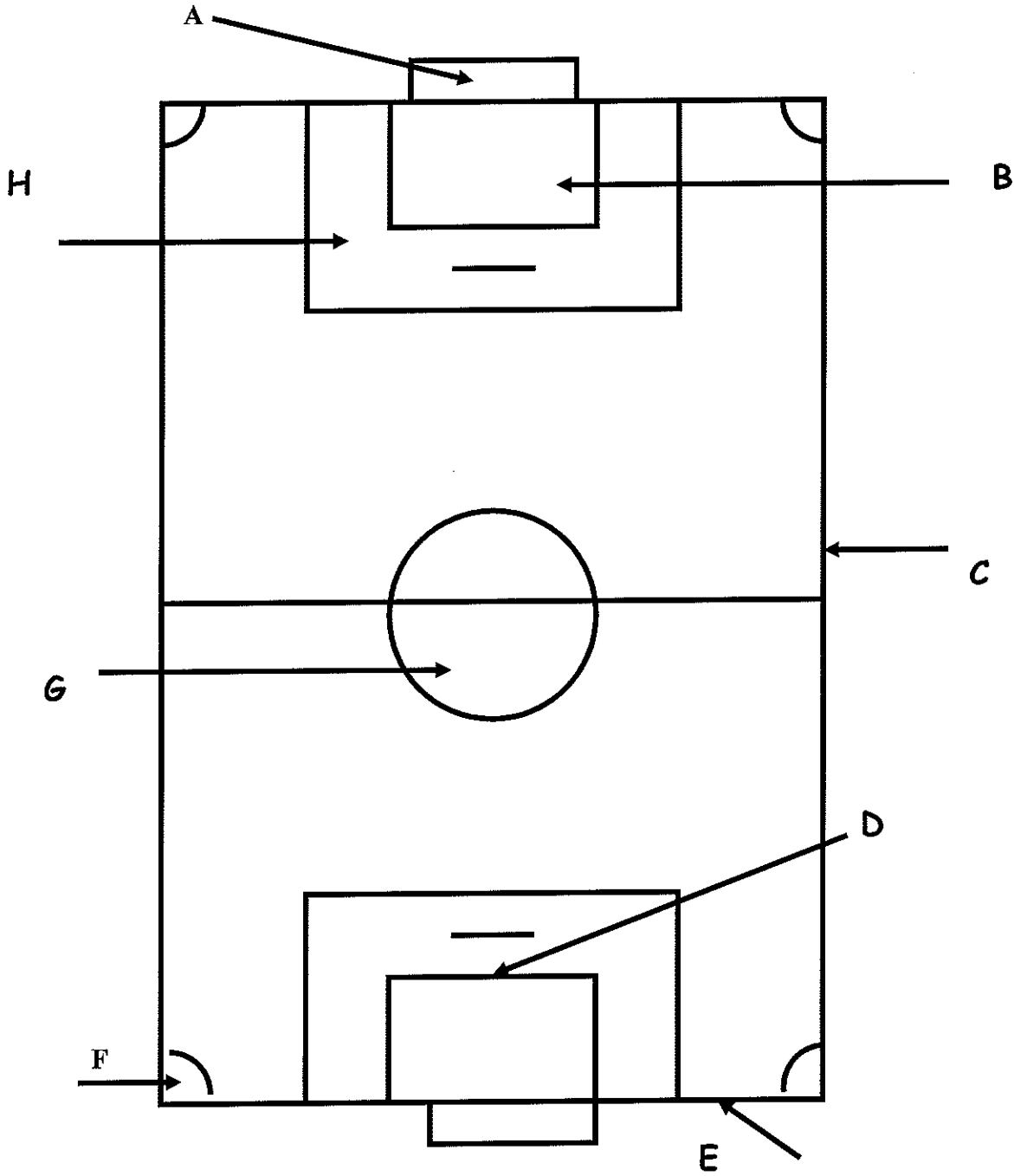
The ball is in play when:

1. It has completely crossed the goal line or touch line, either in the air or on the ground.
2. The ball has been stopped by the referee or it touches the referee. The ball is in play at other times including if it rebounds from a goalpost, crossbar, or corner flag.

Positions

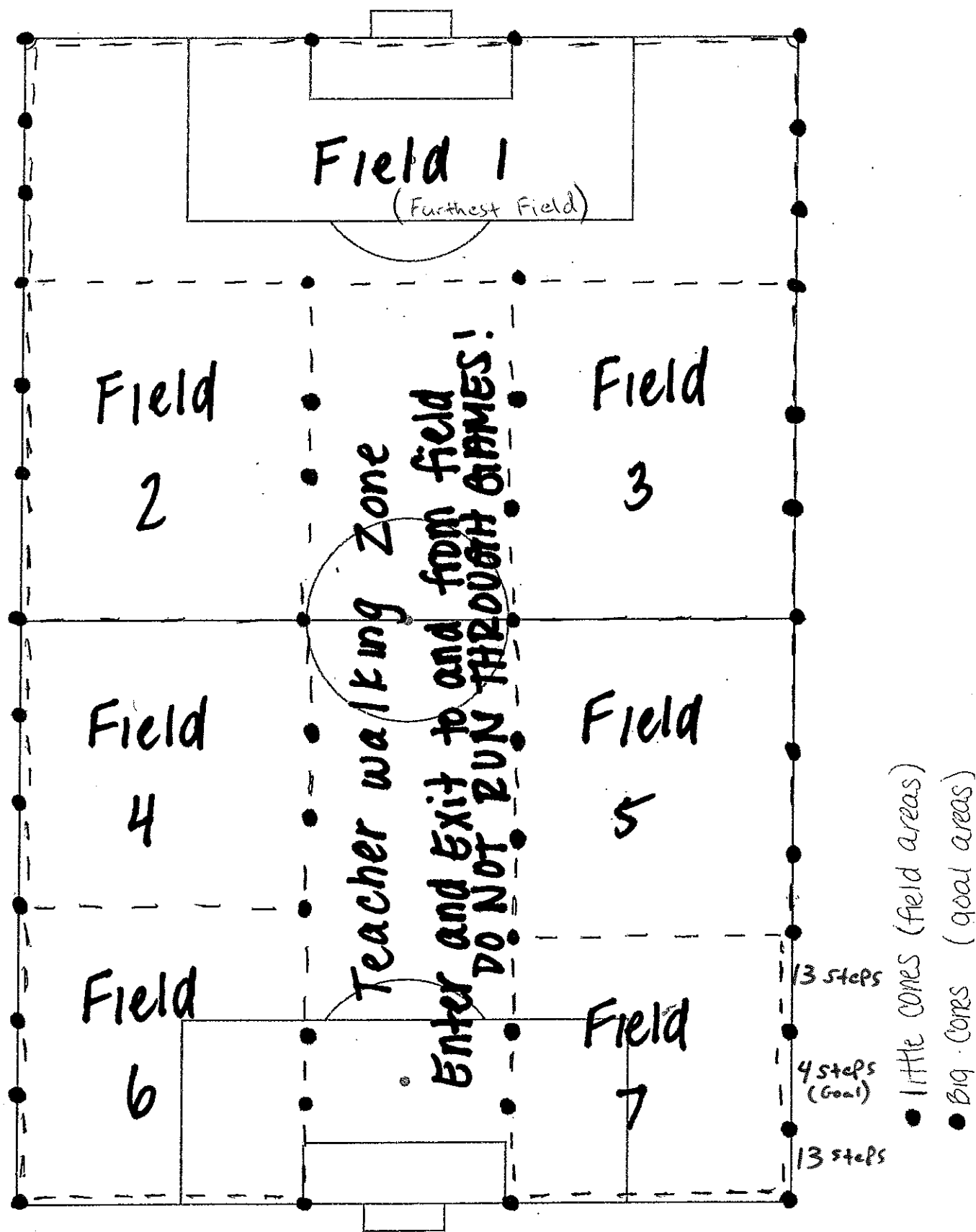
The standard formation that most teams play is a 4-4-2.....four defenders, four midfielders, and two forwards. Forwards attack the goal, Midfielders play on both sides of the ball, and Defenders are used for support.

The Field



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|-----------------------|----------------------|
| A.) Goal | E.) Goal Line |
| B.) Goal Box | F.) Corner Kick Area |
| C.) Side Line | G.) Center Circle |
| D.) Penalty Kick Mark | H.) Penalty Area |

Equipment = Big Cones → 28
 little Cones → 20
 Soccer Balls → 7



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